



September 2026 Meals on Wheels Menu

	Main Meal	Soup or Salad	Dessert
Tuesday, September 1	Macaroni & Cheese, Fried Weiners Stewed Tomatoes, & Biscuit	Green Salad	Square
Friday, September 4	Meatballs, Mashed Potatoes & Carrots	Chicken Noodle Soup	Date Square
Tuesday, September 8	Chicken Alfredo on Noodles Corn, & Biscuit	Green Salad	Cookies
Friday, September 11	Hamburger Steak, Mashed Potatoes Broccoli & Cauliflower	Squash Soup	Danish
Tuesday, September 15	Roast Pork, Boiled Potatoes, Gravy & Mixed Vegetables	Macaroni Salad	Cake
Friday, September 18	Fried Chicken, Mashed Potatoes & Corn	Cream of Potato Soup	Pudding, and Cookies
Tuesday, September 22	Shepherd's Pie, Green Beans & Bun	Coleslaw	Scone
Friday, September 25	Ham & Potatoes	Beef & Barley Soup	Cupcake
Tuesday, September 29	Chicken Balls, Fried Rice, Spring Rolls, & Mixed Vegetables	Macaroni Salad	Rice Krispie Square



Eganville & District Seniors

613-628-2354 or info@eganvilleseniors.com

