

August

2026



Sun	Mon	Tues	Wed	Thu	Fri	Sat
2	3 OFFICE CLOSED CIVIC HOLIDAY HAPPY CIVIC DAY	4 <i>Mid-High Mobility Exercise 9:30am</i> <i>Mild Mobility Exercise 11am</i> <i>6-hand Euchre 1:30 pm</i> <i>Overeaters Anonymous 7-8pm</i>	5 Beat the Heat Game Day (Drop In) 1pm Board Games	6 <i>Mid-High Mobility Exercise 9:30am</i> <i>Mild Mobility Exercise 11am</i> Dog Nail Trim Clinic with SPCA & Hidden Oat 10am to 12pm* Cost by donation Wood Carving 1:30pm*	7 Drop In Coffee & Chat; 10:30am Creative Crafts (Drop In) 1pm <i>FOOTCARE Clinic Call to book</i>	8
9	10 Shuffleboard & Floor Curling 10am <i>Men's Chat Group</i> <i>Topic: Bucket (& Frigate)</i> <i>Lists 1pm</i> <i>Drop in Tech Time 2-3pm</i>	11 Free Community CPR/AED Lesson 9:30am* <i>Mid-High Mobility Exercise 9:30am</i> <i>Mild Mobility Exercise 11am</i> <i>6-hand Euchre 1:30 pm</i> <i>Overeaters Anonymous 7-8pm</i>	12 Hearing Clinic 9am* Recognizing Fake News Presentation 10am Links Cafe 10:30* <i>Eganville Genealogy Club; 12:30pm</i> Beat the Heat Game Day (Drop In) 1pm Brain Games	13 <i>Mid-High Mobility Exercise 9:30am</i> Art-Venture: Petawawa Terrace Wine Bottle Decorating 10am* <i>Mild Mobility Exercise 11am</i> Creative Crafts (Drop In) 1pm Shopping Van*	14 Drop In Coffee & Chat; 10:30am Blueberry Social 1pm*	15 Pebble Mosaic Workshop with Countdown Public Art Project 1-4pm*
16	17 Shuffleboard & Floor Curling 10am <i>Drop in Tech Time 2-3pm</i>	18 <i>Mid-High Mobility Exercise 9:30am</i> <i>Mild Mobility Exercise 11am</i> <i>6-hand Euchre 1:30 pm</i> Free Community CPR/AED Lesson 6:00pm* Barr Line Community Centre <i>Overeaters Anonymous 7-8pm</i>	19 Bus Trip Oh Canada Eh! Dinner Show Registration and Payment Due \$160* Beat the Heat Game Day (Drop In) 1pm Giant Games/Lending Hub	20 <i>Mid-High Mobility Exercise 9:30am</i> Dog Nail Trim Clinic with SPCA & Hidden Oaks 10am to 12pm* Drop In Cost by Donation <i>Mild Mobility Exercise 11am</i> Wood Carving 1:30pm*	21 Walk and Ice Cream Social 9am* Drop In Coffee & Chat; 10:30am <i>FOOTCARE Clinic Call to book</i>	22
23	24 Shuffleboard & Floor Curling 10am Art-Venture Bonnechere Caves Rocking Painting 9:45* <i>Drop in Tech Time 2-3pm</i>	25 <i>Mid-High Mobility Exercise 9:30am</i> <i>Mild Mobility Exercise 11am</i> <i>6-hand Euchre 1:30 pm</i> Diners' Club Registration DUE <i>Overeaters Anonymous 7-8pm</i>	26 Lunch Bunch 11:30am-1pm Soup by Community Members Beat the Heat Game Day (Drop In) 1pm Bingo	27 <i>Mid-High Mobility Exercise 9:30am</i> <i>Mild Mobility Exercise 11am</i> Creative Crafts (Drop In) 1pm Shopping Van*	28 Drop In Coffee & Chat; 10:30am Fundraising Euchre Party 1:30pm \$7 <i>FOOTCARE Clinic Call to book</i>	29
30	31 Shuffleboard & Floor Curling 10am <i>Echo Book Club 12:30pm</i> <i>Drop in Tech Time 2-3pm</i>	Monthly Birthday Draw - Enter your name in our monthly draw, to win Echo Centre merchandise. Draw will take place on the first day of the following month. New At Home with Echo Centre Kit available <i>A variety of kits are available. Contact the office to receive an At Home with the Echo Centre kit.</i>				



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