



# Admaston/Bromley Canada 150<sup>th</sup> Race Day

**Registration at School between 8:30 – 9:00 a.m.**  
**Saturday, October 7<sup>th</sup>, 2017**



The route will be from Admaston Public School to the former Lynch's Store. The ARC – Admaston Recreation Committee will be hosting a fundraiser BBQ and The Healthy Kids Sports Trailer will be there. The awarding of the medals and trophies to the winning participants will be held in the Admaston Public School gymnasium following the completion of all the races.

We invite you to come and participate in the race and enjoy the BBQ. This community event is the last of Canada 150<sup>th</sup> celebration events planned so come out and enjoy. Each race participant will receive a Admaston/Bromley Canada 150 T-Shirt and Water Bottle.

### Race Registration Form

**Each race participant will receive an Admaston/Bromley Canada 150<sup>th</sup> T-Shirt and Water Bottle**

Kids 150 metre - Start Time 9:00 a.m. cost \$1.50 per participant

(2) groups **Girls and Boys Divisions each age group under 8 and 9 -13 years**

Adults 5 kilometer – Start Time 10:00 a.m. cost \$5.00 per participant

Adults 10 kilometer – Start Time 10:00 a.m. – cost \$10.00 per participant

### Runners Information

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Mailing/Street Address \_\_\_\_\_

Phone \_\_\_\_\_

Female/Male \_\_\_\_\_ Age \_\_\_\_\_

Medical Conditions \_\_\_\_\_

To **PRE-register** please forward completed form to –  
 fax 613-432-4052  
 e-mail [info@admastombromley.com](mailto:info@admastombromley.com)  
 or mail to  
 Township of Admaston/Bromley  
 477 Stone Road  
 Renfrew ON K7V 3Z5